

Utilization of the Individual First Aid Kit (IFAK)









Learning Objectives



Terminal Learning Objective

Enabling Learning Objectives



Trauma Kit



 Trauma kit to be used only for major bleeding wounds only.





Minor Injury First Aid Kit



 To be used for minor injures, cuts, burns, and bruises





Life Saving Steps



- Restore the Breathing
- Stop the Bleeding
- Treat for Shock
- Protect the Wound





- Stop the bleeding
- Remove clothing from wound (If Necessary)
- <u>DO NOT</u> remove penetrating objects from wound
- Remove pressure dressing from IFAK







 The size of the wound dictates whether the wings of the pressure dressing are folded in.







- Place absorbent pad over wound
- Wrap the elastic wrap around the limb and anchor the Velcro strip
- Note If there is a protruding object from the wound, pack gauze around object and secure. The elastic wrap is wrapped over the gauze and around the object









 Feed elastic wrap through the tension hook.

 Pull elastic through tension hook and reverse the direction of the wrap to secure the bandage in place









- Continue wrapping the elastic bandage around the wound.
- Once you have reached the end of the elastic wrap, rotate it to secure the Velcro strip to the wrap.









- Cut clothing from area
- Locating the pressure point in the groin, apply pressure to slow or stop the bleeding from the wound







Pack wound with the gauze roll

 Place absorbent pad of the pressure dressing over gauze and wound









- Wrap wound as previously explained in the Minor to Moderate Wound section
- Monitor wound for excessive blood loss. If bleeding continues, apply direct pressure to pressure dressing and pressure points for 5-10 minutes.









 If the bleeding has stopped, splint the leg, and seek medical attention as soon as possible.







 If the bleeding continues, as a last resort remove tourniquet from the first aid kit.







 Apply tourniquet 2 to 4 inches above wound, so that tourniquet is between wound and heart



 Wrap tourniquet once around







- Run end through hook and pull in opposite direction
- Continue to wrap until bleeding stops and secure with other shook







 Remove pressure dressing and gauze from wound.







- Wipe up excess blood with gauze
- Pour hemostatic agent into the wound immediately wiping any excess that falls onto surrounding tissue









Hemostatic Agent Caution and Warnings

CAUTION -

Extreme heat

WARNING -

- Sterility
- Dust
- Ingestion
- Storage







Pack wound with the gauze roll

 Place absorbent pad of the pressure dressing over gauze and wound









- Splint the leg, mark casualty with time and date the tourniquet was applied and seek medical attention.
- <u>Do not</u> remove tourniquet





Treatment for Burns



Evaluate type of burn

- Apply burn dressing to burned area
- If needed, cut burn dressing to fit burned area





Treatment for Burns (Cont) ACQUISITION ACQ

 Wrap gauze loosely around hand to secure burn dressing

 Leave approx 6"-8" of gauze overhang. Cut down center until there are two tails to secure dressing.





Treatment for Burns (Cont)

Wrap tails in opposite directions

- Using a square knot tie tails to secure dressing
- Monitor the casualty for signs of hypothermia and/or dehydration









Questions?